

menu

healthy

HOME MADE

seasonal

Drinks

All of our coffee is freshly ground and available as decaf

Espresso	£1.50
Espresso Macchiato	£1.50
Cappuccino	£2.00
Latte	£2.00
Mocha	£2.00
Americano	£2.00
Flat White	£2.00
Syrups for coffee	£0.50
Hot Chocolate	£2.00
Add cream and mallows	£2.50
Teas	
Breakfast & Earl Grey, Fruit (ask for flavours)	£1.50
Milkshakes – see board	£2.50
Smoothies – see board	£2.50
Cordial (orange or blackcurrant)	£0.50
Glass of Milk	£0.50

Cakes & Bakes

A selection of freshly made cakes and bakes are available on our countertop.

Please let us know if you have any specific dietary requirements.



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OCEAN CAFE FOOD MENU

Breakfast and Beyond (all day!)

Toast/Fruit Toast	£1.00
2 buttered slices granary or fruit toast, add Jam, marmite or peanut butter for 50p	
Toasted Tea Cake	£1.50
Bagel with Cream Cheese	£1.50
Add Smoked Salmon for 1.00	
Bacon Bap	£3.00
Tasty back bacon on fresh bap (sauce available)	
Avocado on Toast	£3.00
Seasoned Smashed Avocado & lime juice on granary	
Omelettes	£3.50
Choose from 2 fillings – Cheese, Ham, Avocado, Bacon, Sliced Chorizo, Spinach Add Granary Toast 50p, add Smoked Salmon 1.00	
Granola Bowl/Porridge Bowl	£2.50
With yoghurt and sliced banana	

Lunch and Beyond

New Yorker Sandwich	£3.50
Pastrami, Cheddar, Gherkins, Mustard Mayo	
Avocado and Bacon Sandwich	£3.50
Smashed Avocado, Back Bacon, Spinach, Mayo	
Power Bowl – A quick nutrition packed, anytime meal.	£4.00
Includes protein, veggies, rice, beans - <u>See specials board for options</u>	
Jacket Potatoes	£3.50
Plain, Cheese, Beans, Cheese and Beans, Tuna Mayo, Cream Cheese, (add Smoked Salmon 1.00) Avocado and Bacon, served with a dressed side salad	

Children's

Cheese Sandwich/ Ham Sandwich	£2.00
Bean Pot with Toast	£2.00
Quesadillas	£2.50
Heated tortilla with melted cheese or cheese and ham	
Ice Cream	£1.50
Pot or cone with sprinkles Add a flake for 50p	

SEE BLACKBOARD FOR ADDITIONAL SPECIALS

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